




ELEMENTARY May MENU

Every lunch includes a choice of milk.

Monday	Tuesday	Wednesday	Thursday	Friday
April 29 Steak Fingers Hot Roll Mashed Potatoes Sautéed Vegetable Fruit Cup	April 30 Quesadillas Lettuce & Tomato Homemade Salsa Refried Beans Spanish Rice Fruit Cup	1 Monterrey Chicken Hot Roll Glazed Carrots Steamed Vegetables Fruit Cup or BYSL	2 Pizza Seasoned Green Beans Italian Salad Fruit Cup	3 Cheese Burger Basket w/ Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
6 Hot Dog Basket Baked Beans Choice of Chips Fresh Garden Salad Fruit Cup	7 Crispy or Soft Tacos Lettuce & Tomato Homemade Salsa Pinto Beans Spanish Rice Fruit Cup	8 Popcorn Chicken with Hot Roll Mashed Potatoes Seasoned Vegetables Berries & Cream	9  Manager's Choice	10 Chicken Sandwich Basket with Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
13  Manager's Choice	14 Nachos Lettuce & Tomato Homemade Salsa Refried Beans Spanish Rice Fruit Cup	15 Asian Bowl Steamed Vegetables Glazed Carrots Fruit Cup	16 Pizza Italian Salad Steamed Broccoli Fruit Wiggles	17 Bacon BBQ Burger Basket with French Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
20  Manager's Choice	21 Crispy or Soft Tacos with Lettuce & Tomato Homemade Salsa Spanish Rice Charro Beans Pineapple Tidbits	22 Mini Corn Dogs with Mac & Cheese Cucumber Nachos Seasoned Vegetables Fruit Cup	23 Pizza Italian Salad Seasoned Green Beans Banana Sundae	24 Cheese Burger Basket with French Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
27 Enjoy Your Day Off!	28 Crisпитos Lettuce & Tomato Homemade Salsa Spanish Rice Refried Beans Pineapple Tidbits	29 Chicken & Waffles Fresh Carrots Steamed Vegetables Fruit Cup	30 Pizza Italian Salad Seasoned Corn Frosty Fruit	31 Chicken Sandwich Basket with French Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit

Here comes the Sun!

Our sun can do a lot of cool things like keep us warm and make flowers and plants grow, but we need to be smart about the sun and its potential dangers.

- * Always make sure to take frequent breaks from the sun by going inside or in the shade.
- * Put on sunscreen and reapply often. Be sure to put sunscreen all over your body. This includes some places you might not think of, like the tops of your ears or the back of your neck.

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll or French Toast	Scrambled Eggs w/ Toast & Sausage, Bacon, or Ham	Breakfast Pizza or Sausage Biscuit	Cinnamon Roll or Pancake Wrap	Waffles or Muffin & Yogurt

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

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