



DECEMBER MENU

Pre-Kindergarten

Monday	Tuesday	Wednesday	Thursday	Friday
3 Boneless Wings Hot Roll Roasted Potatoes Seasoned Green Beans Fruit Cup	4 Pizza Italian Salad Steamed Vegetables Fruity Jell-O	5 Chicken & Waffles Steamed Vegetables Fruit Cup	6 Quesadillas Lettuce & Tomato Beans al Carbon Spanish Rice Fruit Cup	7 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
10 Steak Fingers Hot Roll Mashed Potatoes Steamed Vegetable Fruit Cup	11 Spaghetti with Meat Sauce Tossed Salad Seasoned Green Beans Fruit Cup	12 Chili Dog Fresh Vegetable Dippers Steamed Broccoli Orange Smiles	13 Nachos Refried Beans Spanish Rice Lettuce & Tomato Homemade Salsa Fruit Cup	14 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
17 Popcorn Chicken Hot Roll Mashed Potatoes Seasoned Vegetables Bomana Sundaes	18 Pizza Italian Salad Seasoned Corn Fruit Mix	19 Asian Bowl Steamed Vegetables Glazed Carrots Pineapple Chunks or BYSL	20 Tacos Charro Beans Spanish Rice Lettuce & Tomato Homemade Salsa Fruit Cup	21 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit

Cold Weather Bugs



Protect yourself from the illnesses that come with the chilly changes in the weather. Eating a rainbow of fruits and vegetables can keep your body strong and better able to fight off infection. Blueberries, oranges, spinach, and broccoli are some of the best fruits and vegetables to stock up on this cool time of year.

Merry Christmas!!



Every lunch also includes a choice of milk.

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

Monday	Tuesday	Wednesday	Thursday	Friday
Strawberry Pancakes or Yogurt & Muffin	Scrambled Eggs with Toast and your choice of Bacon, Sausage, or Ham	Sausage Biscuits & Gravy or Pancake Wrap	Breakfast Pizza or Chicken & Biscuits	Breakfast Sandwich or Pig in a Blanket

Breakfast

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information is available in languages other than English. To file a complaint alleging discrimination, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410, fax: (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.