

# OCTOBER MENU

## Pre-Kindergarten

Every lunch also includes a choice of Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets Hot Roll Mashed Potatoes Green Beans Fruit Cup	2 Italian Dippers Seasoned Peas & Carrots Colorful Apple Sauce	3 Corn Dog Cucumber Nachos Baked Beans Fruit Cup	4 Nachos Refried Beans Spanish Rice Lettuce & Tomato Pineapple Chunks	5 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
8 <i>Enjoy Your Day Off!</i>	9 Pizza Garden Salad Steamed Vegetables Berries & Cream	10 Fun Time Meal Choice of Sandwich Baked Chips Pickle Salad Carrots Fruit Cup & Juice	11 Tacos Charro Beans Spanish Rice Lettuce & Tomato Fruit Cup	12 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
15 Boneless Wings Hot Roll Roasted Potatoes Seasoned Green Beans Fruit Cup	16 Pizza Italian Salad Steamed Vegetables Fruity Jell-O	17 Chicken & Waffles Steamed Vegetables Fruit Cup	18 Quesadillas Lettuce & Tomato Beans al Carbon Spanish Rice Fruit Cup	19 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
22 Steak Fingers Hot Roll Mashed Potatoes Steamed Vegetable Fruit Cup	23 Spaghetti with Meat Sauce Tossed Salad Seasoned Green Beans Fruit Cup	24 Chili Dog Fresh Vegetable Dippers Steamed Broccoli Orange Smiles	25 Nachos Refried Beans Spanish Rice Lettuce & Tomato Homemade Salsa Fruit Cup	26 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit
29 Popcorn Chicken Hot Roll Mashed Potatoes Seasoned Vegetables Bomana Sundaes	30 Pizza Italian Salad Seasoned Corn Fruit Mix	31 Asian Bowl Steamed Vegetables Glazed Carrots Pineapple Chunks or BYSL	November 1 Tacos Charro Beans Spanish Rice Lettuce & Tomato Homemade Salsa Fruit Cup	November 2 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit



### Eerie Eyeballs

Ingredients:

- Apple Rings (1 per eye)
- Dried Apricots (1/2 per eye)
- Raisins

How to make it:

1. For each pair of eyes, gently flatten two dried apple rings with the palm of your hand.
2. Carefully slice a dried apricot through the middle so that you end up with two circular halves. Press a half, sticky side down, onto the center of an apple ring, covering the hole.
3. For pupils, place the raisins onto the apricots.

## Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
Strawberry Pancakes or Yogurt & Muffin	Scrambled Eggs with Toast and your choice of Bacon, Sausage, or Ham	Sausage Biscuits & Gravy or Pancake Wrap	Breakfast Pizza or Chicken & Biscuits	Breakfast Sandwich or Pig in a Blanket

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

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