

# DECEMBER MENU Secondary

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Fried Steaks or Boneless Wings with Hot Roll Roasted Potatoes Seasoned Green Beans Fresh Salad w/ Toppings Fruit Cup	4 Calzones or Pizza or Burger Steamed Vegetables Fresh Salad w/ Toppings Fruity Jell-O	5 Chicken & Waffles or Burger Steamed Vegetables Fresh Salad w/ Toppings Fruit Cup	6 Quesadillas or Crisritos or Pizza Beans al Carbon Spanish Rice Homemade Salsa Fresh Salad w/ Toppings Fruit Cup	7 Burger Basket Choice of Burger with Baked Fries or Pizza Lettuce with Pickles Sliced Tomatoes Fresh Fruit
10 Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Steamed Vegetable Fresh Salad w/ Toppings Fruit Cup	11 Spaghetti with Meat Sauce and Garlic Bread or Pizza or Burger Seasoned Green Beans Fresh Salad w/ Toppings Fruit Cup	12 Stuffed Baked Potato with Hot Roll or Chili Dog or Burger Steamed Broccoli Fresh Salad w/ Toppings Orange Smiles	13 Nachos or Pizza Refried Beans Spanish Rice Homemade Salsa Fresh Salad w/ Toppings Fruit Cup	14 Burger Basket Choice of Burger with Baked Fries or Pizza Lettuce with Pickles Sliced Tomatoes Fresh Fruit
17 Popcorn Chicken or Crispy Chicken Salad Hot Roll Mashed Potatoes Seasoned Vegetables Fresh Salad w/ Toppings Banana Sundaes	18 Meatball Sub or Pizza or Burger Seasoned Corn Fresh Salad w/ Toppings Fruit Mix	19 Asian Bowl or Burger Steamed Vegetables Fresh Salad w/ Toppings Pineapple Chunks	20 Tacos or Pizza Charro Beans Spanish Rice Homemade Salsa Fresh Salad w/ Toppings Fruit Cup	21 Burger Basket Choice of Burger with Baked Fries or Pizza Lettuce with Pickles Sliced Tomatoes Fresh Fruit

## Cold Weather Bug



*Protect yourself from the illnesses that come with the chilly change in the weather. Eating a rainbow of fruits and vegetables can keep your body strong and better able to fight off any infection. Blueberries, oranges, spinach, and broccoli are some of the best fruits and vegetables to stock up on this cool time of year.*

# Merry Christmas!!



Every lunch also includes a choice of Milk.

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

Monday	Tuesday	Wednesday	Thursday	Friday
Strawberry Pancakes or Yogurt & Muffin	Scrambled Eggs with Toast and your choice of Bacon, Sausage, or Ham	Sausage Biscuits & Gravy or Pancake Wrap	Breakfast Pizza or Chicken & Biscuits	Breakfast Sandwich or Pig in a Blanket

**Breakfast**