

Meeting Notes:

Meeting called by:

S. Coleman

Type: Department Issues

Attendees:

Nurse Maurer, Mr. Preza, Mr. Reyes, Mrs. Reyes, Ms. Butler, Ms. Luckinbuhl, Students(Faith, Strickland).

Items to Discussed/Notes

- > Wellness Policy should address the holistic approach. Mind Body and Spirit.
- > Mr. Preza suggested that students receive mental health awareness and will solicit outside agencies as a resource for our students, teachers and etc.
- > Discussed issues such as Emotional Eating and Stress
- > Student Representatives would like to make posters and help with wellness initiative during their free periods.
- > Students would like to form a Peer Tutoring and support group for students struggling with weight etc.

Student feedback on food:

- > New baked chicken was good.
- > Would like salad as an option everyday
- > Problem is running out of food, changing the menu item. (Ex. Mini Corndogs) Explained to the students that not running out of food, this is because we want to give choice and some choices are chosen more than others. Staff will learn what choices are popular and cook more.
- > Cafeteria should stick to the menu and have all alternatives
- > Dual Credit students eat too late do not have menu choice.
- > Dual Credit Hungry and force to eat junk because no lunch until almost 2:00
- > Would like the al-la cart/snack line.
- > Discussed issues such as not eating on the bus.
- > Discussed the items in vending machines (Water, Sports drinks, they are only in the gym)
- > No soda machines and no outside food allowed
- > Discuss having a Wellness/Field Day for teachers, students, staff and the community
Will request a date from Superintendent
- > Discussed the new for sponsors – Ms. Luckinbuhl will approach HEB to sponsor, mention that if they sponsor the event, no competitor can be involved (for example Walmart)
- > Discussed the need for Community Partnerships
- > Ms. Butler, provided the last wellness policy.
- > Ms. Coleman will update the policy for the 2015-2016 School Year.