

October

2016



Monday	Tuesday	Wednesday	Thursday	Friday
3 Corn Dog w/ Mac and cheese Broccoli Fresh Fruit	4 Cheese or Pepperoni Pizza California Blend Italian Salad Fruit Cup	5 Burritos or Enchiladas Fiesta Beans Spanish Rice Lettuce and Tomato Fresh Fruit	6 Country Fried Steak Scallop Potatoes Steamed Veggies Hot Roll Fruit Cup	7 Chicken Burger/Chicken Strips Tator Tots Carrot Dippers Hamburger Salad Fruit Juice
10  Columbus Day	11 Chicken Alfredo Seasoned Green Beans Fresh Salad Garlic Bread Fruit Juice	12 Cheese Enchiladas Pinto Beans Spanish Rice Lettuce and tomatoes Fresh Fruit	13 Baked Chicken Mash Potatoes Steamed Veggies Hot Roll Fresh Fruit	14 Cheese Burger French Fries Veggie Dippers Hamburger Salad Fruit juice
17 Chili Dog Baked Fries Veggie Dippers Garden Salad Fruit Cup	18 Pizza or Spaghetti Steamed Veggies Fresh Garden Salad Garlic Toast Fresh Fruit	19 Build your own Nacho Fiesta Beans Spanish Rice Lettuce and tomato Fruit Juice	20 Smothered Steak Mash Potatoes Squash Medley Dinner Roll Fruit Cup	21 Pig in a Blanket or cheese Burger Tator Tots Steamed Veggies Fruit Juice
24 Spicy or Regular Burger Mash Potatoes Seasoned Green beans Hamburger Salad Fresh Fruit	25 Spaghetti w/Meat Sauce Steamed Veggies Italian Salad Garlic Bread Fruit Cup	26 Crispy Tacos Refried Beans Spanish rice Lettuce & Tomatoes Fresh Fruit	27 Steak Fingers California Blend Mash Potatoes Hot Roll Fresh Fruit	28 Ham or Turkey Sandwich Baked Chips Pickle Salad Carrots Fresh Fruit
31 Chicken Strips Mash Potatoes Steamed Broccoli Fruit Cup	Nov 1 Chicken Parmesan Seasoned Green Beans Garden Salad Fruit Juice	Nov 2 Crispitos or Chicken Quesadillas Pinto Beans Spanish Rice Fresh Fruit	Nov 3 Philly Steak & Cheese or Corn Dog Tator tots Fresh Veggies Fruit Cup	Nov 4 Hot Dog or Cheese Burger Baked fries Fresh Salad Fruit Juice

Monday	Tuesday	Wednesday	Thursday	Friday
Waffles or French Toast Sticks	Cheesy Scrambled Egg w/ Bacon or Sausage	Biscuit and gravy w/ sausage or Big Donuts	Yogurt Parfait or Fluffy Pancakes	Cinnamon Roll or Breakfast pizza

An option of cereal & toast is offered every day. Fresh fruit or fruit cup and a choice of juice and milk are also offered.